



MONTEREY PENINSULA COLLEGE

DEPARTMENT OF ATHLETICS

980 FREMONT ST. MONTEREY, CA 93940-4799

PHONE: 831.646.4220 FAX: 831.645.1334

# 2024 LOBO INVITATIONAL

Hosted by Monterey Peninsula College Track & Field

Saturday, February 17, 2024

Start Time: 10:00AM (Field) 11:00AM (Track)

**Entry Fees:** Please make checks payable to **MPC Track and Field**

**Teams:** \$200 per gender, \$400 for both / Unattached/Teams of 8 Individuals or less: \$20 per athlete.

ALL entry fees can be mailed or collected at the Clerk of the Course prior to 1st event.

No charge for spectators.

**Entry Registration:**

Teams must register through Direct Athletics by Wednesday February 14th by 11:59pm.

<http://www.directathletics.com>

This meet will include the following Events:

**Field Events:** (Throw Events - 4 Throws – No Finals / Horizontal Jump Events - 4 Jumps - No Finals)

Minimum Heights/Distances:

High Jump: Women- 4'2; Men- 5'2 (2" increments thereafter)

Shot Put: Everyone's 1<sup>st</sup> throw will be measured and only >8-meters (women) and >9-meters (men) thereafter.

*\*Javelin, Hammer, and Pole Vault will not be contested at The Lobo Invitational (You may choose to contest these events at your home site and bring forward your results on Saturday to the timer).*

High Jump (Women followed by Men) 10:00AM

Shot Put (Women followed by Men) 10:00AM

Long Jump (Women 1st followed by Men) 10:00AM

Triple Jump (Women 1st followed by Men) 1:00PM

Discus (Women followed by Men) 2:00PM or after Shot Put concludes

\*We anticipate having enough volunteers from MPC but would appreciate additional help from each participating college to help our officials run each event efficiently.





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Saturday, February 17, 2024

Start Time: 10:00AM (Field) 11:00AM (Track)

**Track Events:** (Will feature electronic timing)

\*Track Events will start at 11:00pm and then proceed with the following order of events with a rolling schedule after the Women's 4x100m.

W/M 2000m Steeplechase (Women at 11:00am / Men at 11:30am)

W/M 4x100m Relay (Women at 12:00pm)

W/M 1500m

W 100m Hurdles

M 110m Hurdles

W/M 400m

W/M 100m

W/M 800m

W/M 400m Hurdles

W/M 200m

W/M 3000m

W/M 4x400m Relay

**Concessions:** A Snack Bar will be available and located on the West end of the stadium. Cash and Credit Cards accepted.

**First Aid:** MPC Athletic trainers will be On Site. Teams and individual athletes are responsible for supplying their own Athletic Tape, Medical Supplies, etc.

**Warm-Up Area:** Will be located on the Women's Softball Field adjacent to the track.

**Check-in:**

Track Events: 30 Minutes prior to the start of the event at the Clerk's table.

Field Events: 30 Minutes prior to the start of the event at the field event site.

**Parking:** Parking is free and nearest to the Track in parking Lot C





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# 2024 LOBO INVITATIONAL

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## Meet Schedule

### Field Events

Throw Events - 4 Throws – No Finals / Horizontal Jump Events - 4 Jumps - No Finals

High Jump (Women followed by Men).....10:00AM

Shot Put (Women followed by Men).....10:00AM

Long Jump (Women 1st followed by Men).....10:00AM

Triple Jump (Women 1st followed by Men).....1:00PM

Discus (Women followed by Men).....2:00PM or after Shot Put concludes

### Track Events

#### (Rolling Schedule after Women’s 4x100m)

W 2000m Steeplechase (11:00am)

M 2000m Steeplechase (11:30am)

W 4x100m Relay (12:00pm)

M 4x100m Relay

W 1500m

M 1500m

W 100m Hurdles

M 110m Hurdles

W 400m

M 400m

W 100m

M 100m

W 800m

M 800m

W 400m Hurdles

M 400m Hurdles

M 200m

W 3000m

M 3000m

W 4x400m Relay

M 4x400m Relay





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# 2024 LOBO INVITATIONAL

Hosted by Monterey Peninsula College Track & Field

Saturday, February 17, 2024

Start Time: 10:00AM (Field) 11:00AM (Track)

**Questions should be directed to:**

Nick Cunningham

Head Coach

Men's and Women's Track & Field

Monterey Peninsula College

Office: 831-646-4199

Mobile: 831-238-5665

Email: [ncunningham@mpc.edu](mailto:ncunningham@mpc.edu)

**From CA-1 S**

- Take exit 401A toward Monterey
- Continue on Fremont St to your destination
- Turn left onto Via Mirada
- Turn left onto Fishnet Rd
- At the second Stop Sign- Turn Left into the Parking lot
- Parking Lot C- Monterey Peninsula College- Monterey, CA 93940

